



Science Advocacy Resources

Step 1: Identify Your Audience and Best Point of Contact

Find your representatives and their contact information.

Tip: You want to try to avoid generic email addresses.

- [Find your elected officials at the federal, state, and local levels by entering your home address:](#)
 - The search provides you with your three federal representatives (two Senators and one Representative), their party affiliation, website, social media accounts, and contact information.
 - Look at the official's own website for more detailed contact information, including local office addresses.
 - The search also provides you with your state officials, including, for example, Governor, State Senator, and State Delegate (or whatever your state's equivalents are).
 - You are also given each official's party affiliation, contact information, website, and social media accounts.
 - The search also provides you with some of your local officials, typically at the county level.
- [Find your Representative \(House\) by entering your zip code:](#)
 - The search will provide you with your Congressional district and your Representative's name, party affiliation, website, and contact information.
- [Find your US Senator by entering your state:](#)
 - The search will provide you with the names of your two Senators, their party affiliation, contact information, committee assignments, and a link to a brief biography.
- Other resources for finding local elected officials, including mayors and county executives:
 - [Congress.gov Directory of State Legislature Websites](#)
 - [The United States Conference of Mayors](#)
 - [National Association of Counties - County Explorer](#)
 - [USA.gov Local Governments Search](#)

You can also contact your institutions Government Relations (GR) office for assistance. Simply search your institution's website. Here are a few examples:

- George Washington University: <https://ogcr.gwu.edu/>
- George Mason University: <https://relations.gmu.edu/government-affairs/federal-relations/>
- Georgetown University: <https://federalrelations.georgetown.edu/>

FABBS is happy to help you connect with a GR office or federal/state legislator's office. Please contact Sabrina Sito (ssito@fabbs.org) with any inquiries.