

Psychology Coursework Supplements Using Policy Insights from the Behavioral and Brain Sciences (PIBBS)

Resources for Undergraduate and Graduate Courses

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Social Psychology Courses

Emotions

- Oishi, S., & Diener, E. (2014). [Can and Should Happiness Be a Policy Goal?](#) *PIBBS*, 1(1), 195-203.

Social Perceptions, Attributions, and Bias

- Cohen, G. L., & Garcia, J. (2014). [Educational Theory, Practice, and Policy and the Wisdom of Social Psychology.](#) *PIBBS*, 1(1), 13-20.
- Glaser, J., Spencer, K., & Charbonneau, A. (2014). [Racial Bias and Public Policy.](#) *PIBBS*, 1(1), 88-94.
- Sommers, S. R., & Marotta, S. A. (2014). [Racial Disparities in Legal Outcomes: On Policing, Charging Decisions, and Criminal Trial Proceedings.](#) *PIBBS*, 1(1), 103-111.
- Norton, M. I. (2014). [Unequality: Who Gets What and Why It Matters.](#) *PIBBS*, 1(1), 151-155.
- Penner, L. A., Blair, I. V., Albrecht, T. L., & Dovidio, J. F. (2014). [Reducing Racial Health Care Disparities: A Social Psychological Analysis.](#) *PIBBS*, 1(1), 204-212.
- Morewedge, C. K., Yoon, H., Scopelleti, I., Symborski, C. W., Korris, J. H., & Kassam, K. S. (2015). [Debiasing Decisions: Improved Decision Making with a Single Training Intervention.](#) *PIBBS*, 2(1), 129-140.
- Payne, B. K., & Vuletich, H. A. (2018). [Policy Insights from Advances in Implicit Bias Research.](#) *PIBBS*, 5(1), 49-56.
- Maddox, K. B., & Perry, J. M. (2018). [Racial Appearance Bias: Improving Evidence-Based Policies to Address Racial Disparities.](#) *PIBBS*, 5(1), 57-65.
- Hughes, T., Raines, T., & Malone, C. (2020). [School Pathways to the Juvenile Justice System.](#) *PIBBS*, 7(1), 72-79.

Stereotypes, Prejudice, and Discrimination

- Schmader, T., & Hall, W. M. (2014). [Stereotype Threat in School and at Work: Putting Science into Practice.](#) *PIBBS*, 1(1), 30-37.
- Esses, V. M., Bennett-AbuAyyash, C., & Lapshina, N. (2014). [How Discrimination Against Ethnic and Religious Minorities Contributes to the Under Utilization of Immigrants' Skills.](#) *PIBBS*, 1(1), 55-62.
- Sinclair, S., Kenrick, A. C., & Jacoby-Senghor, D. S. (2014). [Whites' Interpersonal Interactions Shape, and Are Shaped by, Implicit Prejudice.](#) *PIBBS*, 1(1), 81-87.
- Bigler, R. S., & Leaper, C. (2015). [Gendered Language: Psychological Principles, Evolving Practices, and Inclusive Policies.](#) *PIBBS*, 2(1), 187-194.

- Murphy, M. C., Kroeper, K. M., & Ozier, E. M. (2018). [Prejudiced Places: How Contexts Shape Inequality and How Policy Can Change Them](#). *PIBBS*, 5(1), 66-74.

Group Dynamics and Intergroup Conflict

- Harris, L. T. (2014). [Why Economic, Health, Legal, and Immigration Policy Should Consider Dehumanization](#). *PIBBS*, 1(1), 144-150.
- De Dreu, C. K. W. (2014). [Negotiating Deals and Settling Conflict Can Create Value for Both Sides](#). *PIBBS*, 1(1), 156-163
- Smith, H. J., & Huo, Y. J. (2014). [Relative Deprivation: How Subjective Experiences of Inequality Influence Social Behavior and Health](#). *PIBBS*, 1(1), 231-238.
- Saguy, T. (2018). [Downside of Intergroup Harmony? When Reconciliation Might Backfire and What to Do](#). *PIBBS*, 5(1), 75-81.

Altruism and Cooperation

- Rand, D. G., Yoeli, E., & Hoffman, M. (2014). [Harnessing Reciprocity to Promote Cooperation and --the Provisioning of Public Goods](#). *PIBBS*, 1(1), 263-269.
- Oppenheimer, D. M. (2015). [Increasing Donations and Improving Donor Experiences: Lessons from Decision Science](#). *PIBBS*, 2(1), 203-210.

Close Relationships

- Joel, S., & Eastwick, P. W. (2018). [Intervening Earlier: An Upstream Approach to Improving Relationship Quality](#). *PIBBS*, 5(1), 25-32.
- Karney, B. R., Bradbury, T. N., & Lavner, J. A. (2018). [Supporting Healthy Relationships in Low-Income Couples: Lessons Learned and Policy Implications](#). *PIBBS*, 5(1), 33-39.
- Jaremka, L. M., & Sunami, N. (2018). [Threats to Belonging Threaten Health: Policy Implications for Improving Physical Well-Being](#). *PIBBS*, 5(1), 90-97.

Moral Decision Making

- Meindl, P. Quirk, A., & Graham, J. (2018). [Best Practices for School-Based Moral Education](#). *PIBBS*, 5(1), 3-10.

Health Psychology Courses

Health Behaviors and Behavior Change

- Ehret, P. J., & Sherman, D. K., (2014). [Public Policy and Health: A Self-Affirmation Perspective](#). *PIBBS*, 1(1), 222-230.
- Betsch, C., Bohm, R., & Chapman, G. B. (2015). [Using Behavioral Insights to Increase Vaccination Policy Effectiveness](#). *PIBBS*, 2(1), 61-73.
- Higgins, S. T., Davis, D. R., & Kurti, A. N. (2017). [Financial Incentives for Reducing Smoking and Promoting Other Health-Related Behavior Change in Vulnerable Populations](#). *PIBBS*, 4(1), 33-40.
- Madden, G. J., Price, J., & Sosa, F. A. (2017). [Behavioral Economic Approaches to Influencing Children's Dietary Decision Making at School](#). *PIBBS*, 4(1), 41-48.
- Bickel, W. K., Pope, D. A., Moody, L. N. Snider, S. E., Atamneh, L. N., Stein, J. S., & Mellis, A. M. (2017). [Decision-Based Disorders: The Challenge of Dysfunctional Health Behavior and the Need for a Science of Behavior Change](#). *PIBBS*, 4(1), 49-56.
- Davis-Stober, C. P., McCarty, K. N., & McCarthy, D. N. (2019). [Decision Making and Alcohol: Health Policy Implications](#). *PIBBS*, 6(1), 64-71.

Brain Development and Processes

- Gruber, S. A., & Sagar, K. A. (2017). [Marijuana on the Mind? The Impact of Marijuana on Cognition, Brain Structure, and Brain Function, and Related Public Policy Implications](#). *PIBBS*, 4(1), 104-111.
- Verona, E., & Bozzay, M. L. (2017). [Biobehavioral Approaches to Aggression Implicate Perceived Threat and Insufficient Sleep: Clinical Relevance and Policy Implications](#). *PIBBS*, 4(2), 178-185.
- Tottenham, N. (2018). [The Fundamental Role of Early Environments to Developing an Emotionally Healthy Brain](#). *PIBBS*, 5(1), 98-103.
- Bilbo, S. D. (2018). [Sex Differences Shape Brain Development and Function, in Health and Disease: Policy Implications](#). *PIBBS*, 5(1), 104-109.

Genetics

- Savage, J. E., Long, E. C., Kuo, S. I., Cooke, M. E., Su, J., Barr, P. B., & Salvatore, J. E. (2017). [Alcohol Misuse Across the Life Span: Insights From Developmental Studies in Behavior Genetics](#). *PIBBS*, 4(2), 186-193.
- Roth, T. L. (2017). [Epigenetic Advances in Behavioral and Brain Sciences Have Relevance for Public Policy](#). *PIBBS*, 4(2), 202-209.

Socioeconomic Status and Race

- Penner, L. A., Blair, I. V., Albrecht, T. L., & Dovidio, J. F. (2014). [Reducing Racial Health Care Disparities: A Social Psychological Analysis](#). *PIBBS*, 1(1), 204-212.
- Smith, H. J., & Huo, Y. J. (2014). [Relative Deprivation: How Subjective Experiences of Inequality Influence Social Behavior and Health](#). *PIBBS*, 1(1), 231-238.
- Gatzke-Kopp, L. M., & Creavey, K. L. (2017). [Unsealing Fate: Policy Practices Aimed at Reducing the Intergenerational Transmission of Poverty](#). *PIBBS*, 4(2), 115-122.
- Amso, D., & Lynn, A. (2017). [Distinctive Mechanisms of Adversity and Socioeconomic Inequality in Child Development: A Review and Recommendations for Evidence-Based Policy](#). *PIBBS*, 4(2), 139-146.

Relationships and Social Support

- Jaremka, L. M., & Sunami, N. (2018). [Threats to Belonging Threaten Health: Policy Implications for Improving Physical Well-Being](#). *PIBBS*, 5(1), 90-97.

Reproductive Health

- Steinberg, J. R., & Rubin, L. R. (2014). [Psychological Aspects of Contraception, Unintended Pregnancy, and Abortion](#). *PIBBS*, 1(1), 239-247.

Patient Care

- Krupinski, E. A. (2015). [Improving Patient Care Through Medical Image Perception Research](#). *PIBBS*, 2(1), 74-80.
- Hargis, M. B., & Castel A. D. (2018). [Improving Medication Understanding and Adherence Using Principles of Memory and Metacognition](#). *PIBBS*, 5(2), 147-154
- Shaffer, V. A., & Schere, L. D. (2018). [Too Much Medicine: Behavioral Science Insights on Overutilization, Overdiagnosis, and Overtreatment in HealthCare](#). *PIBBS*, 5(2), 155-162.

Treatments and Interventions

- Steffen, P. R., Austin, T., & Debbaros, A. (2017). [Treating Chronic Stress to Address the Growing Problem of Depression and Anxiety: Biofeedback and Mindfulness as Simple, Effective Preventive Measures](#). *PIBBS*, 4(1), 64-70.
- Kim, J. H. (2017). [Reducing Fear During Childhood to Prevent Anxiety Disorders Later: Insights from Developmental Psychobiology](#). *PIBBS*, 4(2), 131-138.
- Ratner, K. G., Kaczmarek, A. R., & Hong, Y. (2018). [Can Over-the-Counter Pain Medications Influence Our Thoughts and Emotions?](#) *PIBBS*, 5(1), 82-89.
- Brummelte, S. (2018). [Treating Maternal Depression: Considerations for the Well-Being of the Mother and Child](#). *PIBBS*, 5(1), 110-117.

Clinical Psychology Courses

Aggression

- Verona, E., & Bozzay, M. L. (2017). [Biobehavioral Approaches to Aggression Implicate Perceived Threat and Insufficient Sleep: Clinical Relevance and Policy Implications](#). *PIBBS*, 4(2), 178-185.

Alcohol Use Disorder

- Savage, J. E., Long, E. C., Kuo, S. I., Cooke, M. E., Su, J., Barr, P. B., & Salvatore, J. E. (2017). [Alcohol Misuse Across the Life Span: Insights from Developmental Studies in Behavior Genetics](#). *PIBBS*, 4(2), 186-193.

Anxiety and Depressive Disorders

- Steffen, P. R., Austin, T., & Debbaros, A. (2017). [Treating Chronic Stress to Address the Growing Problem of Depression and Anxiety: Biofeedback and Mindfulness as Simple, Effective Preventive Measures](#). *PIBBS*, 4(1), 64-70.
- Kim, J. H. (2017). [Reducing Fear During Childhood to Prevent Anxiety Disorders Later: Insights from Developmental Psychobiology](#). *PIBBS*, 4(2), 131-138.
- Brummelte, S. (2018). [Treating Maternal Depression: Considerations for the Well-Being of the Mother and Child](#). *PIBBS*, 5(1), 110-117.
- Reeb-Sutherland, B.C. (2018). [What Environmental Factors Contribute to the Development of Anxiety in Temperamentally Inhibited Children? Insight From Animal Research Models](#). *PIBBS*, 5(1), 126-133.

Psychosis

- Breitborde, N. J. K., & Moe, A. M. (2017). [Early Intervention in Psychosis in the United States: From Science to Policy Reform](#). *PIBBS*, 4(1), 79-87.
- Macdonald, A. N., Goines, K. B., Novacek, D. M. & Walker, E. F. (2017). [Psychosis-Risk Syndromes: Implications for Ethically Informed Policies and Practices](#). *PIBBS*, 4(1), 88-95.

Interventions with Couples

- Joel, S., & Eastwick, P. W. (2018). [Intervening Earlier: An Upstream Approach to Improving Relationship Quality](#). *PIBBS*, 5(1), 25-32.
- Karney, B. R., Bradbury, T. N., & Lavner, J. A. (2018). [Supporting Healthy Relationships in Low-Income Couples: Lessons Learned and Policy Implications](#). *PIBBS*, 5(1), 33-39.

Forensic Psychology

- Kassin, S. M. (2014). [False Confessions: Causes, Consequences, and Implications for Reform](#). *PIBBS*, 1(1), 112–121.
- Vrij, A., Hope, L., & Fisher, R. P. (2014). [Eliciting Reliable Information in Investigative Interviews](#). *PIBBS*, 1(1), 129–136.
- Clark, S. E., Benjamin, A. S., Wixted, J. T., Mickes, L., & Gronlund, S. D. (2014). [Eyewitness Identification and the Accuracy of the Criminal Justice System](#). *PIBBS*, 2(1), 175–186.
- Brown-Schmidt, S. & Benjamin, A. S. (2018). [How We Remember Conversation: Implications in Legal Settings](#). *PIBBS*, 5(2), 187–194.
- Hyman, I. E., Wulff, A. N., & Thomas, A. K. (2018). [Crime Blindness: How Selective Attention and Inattentive Blindness Can Disrupt Eyewitness Awareness and Memory](#). *PIBBS*, 5(2), 202–208.
- Brainerd, C. J., & Reyna, V. F. (2019). [Fuzzy-Trace Theory, False Memory, and the Law](#). *PIBBS*, 6(1), 79–86.
- Otgaar, H., Howe, M. L., Muris, P., & Mercklebach, H. (2019). [Dealing with False Memories in Children and Adults: Recommendations for the Legal Arena](#). *PIBBS*, 6(1), 87–93.

Developmental Psychology Courses

Prenatal and Early Life Influences

- Cartmill, E. A. (2016). [Mind the Gap: Assessing and Addressing the Word Gap in Early Education](#). *PIBBS*, 3(2), 185-193.
- Brito, N. H. (2017). [Influence of the Home Linguistic Environment on Early Language Development](#). *PIBBS*, 4(2), 155-162.
- Roth, T. L. (2017). [Epigenetic Advances in Behavioral and Brain Sciences Have Relevance for Public Policy](#). *PIBBS*, 4(2), 202-209.
- Tottenham, N. (2018). [The Fundamental Role of Early Environments to Developing an Emotionally Healthy Brain](#). *PIBBS*, 5(1), 98-103.
- Brummelte, S. (2018). [Treating Maternal Depression: Considerations for the Well-Being of the Mother and Child](#). *PIBBS*, 5(1), 110-117.

Children

- Donaldson, J. M., & Austin, J. L. (2017). [Environmental and Social Factors in Preventing, Assessing, and Treating Problem Behavior in Young Children](#). *PIBBS*, 4(1), 9-16.
- Amso, D. & Lynn, A. (2017). [Distinctive Mechanisms of Adversity and Socioeconomic Inequality in Child Development: A Review and Recommendations for Evidence-Based Policy](#). *PIBBS*, 4(2), 139-146.

Adolescents

- Defoe, I. N., Dubas, J. S., & Romer, D. (2019). [Heightened Adolescent Risk-Taking? Insights from Lab Studies on Age Differences in Decision-Making](#). *PIBBS*, 6(1), 56-63.
- Hughes, T., Raines, T., & Malone, C. (2020). [School Pathways to the Juvenile Justice System](#). *PIBBS*, 7(1), 72-79.

Schools and Learning

- Bellmore, A. (2016). [Whose Responsibility Is It to Stop Bullying?](#) *PIBBS*, 3(1), 92-97.
- Serpell, Z. N., & Esposito, A. G. (2016). [Development of Executive Functions: Implications for Educational Policy and Practice](#). *PIBBS*, 3(2), 203-210.
- Immordino-Yang, M. H. (2016). [Emotion, Sociality, and the Brain's Default Mode Network: Insights for Educational Practice and Policy](#). *PIBBS*, 3(2), 211-219.
- Purpura, D. J., Litkowski, E. C., & Knopik, V. (2019). [Mathematics and Reading Develop Together in Young Children: Practical and Policy Considerations](#). *PIBBS*, 6(1), 12-20.
- Philp, K. D., & Gill, M. G. (2020). [Reframing After-School Programs as Developing Youth Interest, Identity, and Social Capital](#). *PIBBS*, 7(1), 19-26.

Work and Relationships

- Ellemers, N. (2014). [Women at Work: How Organizational Features Impact Career Development](#). *PIBBS*, 1(1), 46-54.
- Schneider, B., Klager, C., Chen, I., & Burns, J. (2016). [Transitioning into Adulthood: Striking a Balance Between Support and Independence](#). *PIBBS*, 3(1), 106-113.
- Joel, S., & Eastwick, P. W. (2018). [Intervening Earlier: An Upstream Approach to Improving Relationship Quality](#). *PIBBS*, 5(1), 25-32.
- Karney, B. R., Bradbury, T. N., & Lavner, J. A. (2018). [Supporting Healthy Relationships in Low-Income Couples: Lessons Learned and Policy Implications](#). *PIBBS*, 5(1), 33-39.
- Overall, N.C., & Hammond, M. D. (2018). [How Intimate Relationships Contribute to Gender Inequality: Sexist Attitudes Encourage Women to Trade off Career Success for Relationship Security](#). *PIBBS*, 5(1), 40-48.

Disorders and Behavioral Difficulties

- Justice, L. M., Logan, J., Schmitt, M. B., & Jiang, H. (2016). [Designing Effective Speech-Language Interventions for Children in the Public Schools: Leverage the Spacing Effect](#). *PIBBS*, 3(1), 85-91.
- Farmer, T. W., Gatzke-Kopp, L. M., Lee, D. L., Dawes, M., & Talbott, E. (2016). [Research and Policy on Disability: Linking Special Education to Developmental Science](#). *PIBBS*, 3(1), 138-145.
- Clemens, N. H., Ragan, K., & Widales-Benitez, O. (2016). [Reading Difficulties in Young Children: Beyond Basic Early Literacy Skills](#). *PIBBS*, 3(2), 177-184.
- Podlesnik, C. A., & Kelley, M. E. (2017). [Beyond Intervention: Shaping Policy for Addressing Persistence and Relapse of Severe Problem Behavior](#). *PIBBS*, 4(1), 17-24.
- Fein, D., Barton, M., & Dumont-Mathieu, T. (2017). [Optimizing Outcome in Autism Spectrum Disorders](#). *PIBBS*, 4(1), 71-78.
- Kim, J. H. (2017). [Reducing Fear During Childhood to Prevent Anxiety Disorders Later: Insights from Developmental Psychobiology](#). *PIBBS*, 4(2), 131-138.
- Luciano, M. (2017). [Making Reading Easier: How Genetic Information Can Help](#). *PIBBS*, 4(2), 147-154.
- Savage, J. E., Long, E. C., Kuo, S. I., Cooke, M. E., Su, J., Barr, P. B., & Salvatore, J. E. (2017). [Alcohol Misuse Across the Life Span: Insights from Developmental Studies in Behavior Genetics](#). *PIBBS*, 4(2), 186-193.
- Bilbo, S. D. (2018). [Sex Differences Shape Brain Development and Function, in Health and Disease: Policy Implications](#). *PIBBS*, 5(1), 104-109.
- Reeb-Sutherland, B.C. (2018). [What Environmental Factors Contribute to the Development of Anxiety in Temperamentally Inhibited Children? Insight from Animal Research Models](#). *PIBBS*, 5(1), 126-133.
- Pham, A. V., Bennett, K. D., & Zetina, H. (2019). [Technology-Aided Interventions for Individuals with Autism: Implications for Policy and Practice](#). *PIBBS*, 6(2), 202-209.

Aging and Mortality

- Kaplan, R. M., Spittel, M. L., & Zeno, T. L. (2014). [Educational Attainment and Life Expectancy](#). *PIBBS*, 1(1), 189-194.
- Stine-Morrow, E. A . L., Hussey, E. K., & Ng, S. (2015). [The Potential for Literacy to Shape Lifelong Cognitive Health](#). *PIBBS*, 2(1), 92-100.

Ways to Use PIBBS Articles

PIBBS articles discuss the state of cutting-edge research with policy implications in short, readable language making it a great addition to undergraduate and graduate courses. Below are a few ways that PIBBS articles can be used to simulate student engagement and conversation.



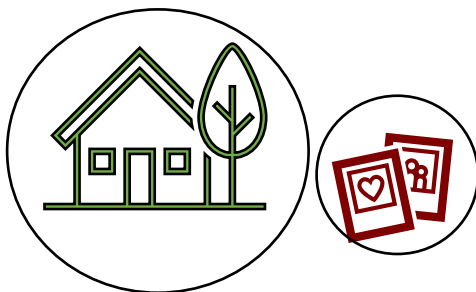
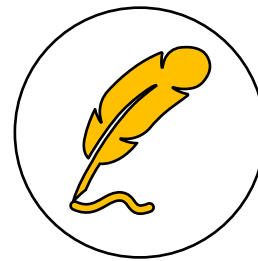
Option 1: Group Debates

Divide the class into groups and have students discuss the “pros” and “cons” or enacting the policy recommendations mentioned by PIBBS authors. This can be a short “break-out” activity during class or a class project (e.g., Model Congress).

Option 2: Proposals or Letters

For undergraduate/graduate classes, have students write a letter to their congressional representative advocating for policy changes. Have students share a copy of the letter with you so they can mail out the original.

For graduate classes, have students examine their research interests from a policy standpoint. Drafting proposals with the following sections: statement of the problem, significance, and policy recommendations.



Option 3: Journal or Interview

Make the PIBBS topics (on relationship, bias, health disparities, etc.) personal by asking students to keep a journal or interviewing people in their lives. Students can write or create a recording of their assignments