Underage Drinking:
Research-Based Strategies to Prevent Alcohol Use Among Youth

A CONGRESSIONAL BRIEFING SPONSORED BY
The Friends of the National Institute on Alcohol Abuse and Alcoholism
in cooperation with The Addiction, Treatment and Recovery Caucus

Wednesday, March 25, 2020, 12:00–1:30 PM
2168 Rayburn House Office Building, Gold Room
Lunch will be available

Underage drinking is a significant public health problem that affects the short- and long-term health of our nation’s youth. Not only are youth who drink at an increased risk of academic failure, compromised brain development, risky sexual behavior, violence, blackouts, overdoses, and injuries, but those who begin drinking early are at increased risk of alcohol and other substance problems later in life. While a wide range of evidence-based prevention strategies exist, they are under-utilized. Importantly, studies have shown that many schools and communities use prevention strategies with little or no evidence of effectiveness. This briefing will explore recent research on evidence-based strategies to prevent underage drinking and emphasize the importance of prevention strategies occurring at the individual, family, school, community, and policy levels.

SPEAKERS
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Please contact Wes Baker (wbaker@apa.org) with questions.